

INTRODUCTION

# Proactive Agents

& The OpenClaw Case

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# Agenda

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- 02 Architecture Patterns
- 03 Key Research & Benchmarks
- 04 The OpenClaw Case
- 05 Challenges & Risks
- 06 Where It's Heading

# Reactive vs Proactive Agents

## REACTIVE

### TRIGGER

User prompt

### PLANNING

Per-request

### MEMORY

Session-scoped

### CONTEXT

What you told it

### PARADIGM

System of language

## PROACTIVE

### TRIGGER

Self-initiated

### PLANNING

Goal-driven, continuous

### MEMORY

Persistent, cross-session

### CONTEXT

Observes + remembers

### PARADIGM

System of behavior

# How Proactive Agents Decide to Act

## Event-Triggered

"Something happened — what do I do?"

- Webhook fires, email arrives
- User sends a message
- File changes, CI fails

ChatGPT, Claude, Devin



## Always-On Heartbeat

"Is there something I should do?"

- Agent self-initiates on schedule
- Checks conditions, evaluates context
- Acts only when there's a reason

OpenClaw, ChatGPT Pulse (paused)

**The core challenge:** When to act vs stay silent. Even GPT-5 and Claude Opus achieve only ~40% on proactive benchmarks. Getting this wrong means Clippy.

[Lu et al., ProactiveBench \(2024\)](#) | [PROBE Benchmark \(2025\)](#) | [ChatGPT Pulse \(OpenAI\)](#)

# Levels of Agent Autonomy

Feng, McDonald & Zhang (Univ. of Washington, 2025)

<b>L1</b>	<b>Operator</b>	User makes all decisions, agent supports on demand	ChatGPT Canvas, MS Copilot
<b>L2</b>	<b>Collaborator</b>	Shared planning, fluid control handoffs	OpenAI Operator
<b>L3</b>	<b>Consultant</b>	Agent leads, user provides feedback and preferences	Gemini Deep Research, Replit Agent
<b>L4</b>	<b>Approver</b>	Agent independent, user approves consequential actions	SWE Agent, Manus, Devin
<b>L5</b>	<b>Observer</b>	Fully autonomous, user can only monitor or kill switch	Voyager, The AI Scientist

**Key insight:** Autonomy is a design choice, not a technical inevitability. Proactive agents operate at L4–L5 — they self-initiate, not just execute.

Feng et al., "Levels of Autonomy for AI Agents" (arxiv 2506.12469) | Knight First Amendment Institute

# Anatomy of a Proactive Agent



## Perception

Observe signals, events, context



## Planning & Goals

Decompose, prioritize, schedule



## Action Execution

Tools, APIs, code, messages

--- observe -- think -- act -- reflect -- repeat ---



## Memory

Short-term + long-term + episodic



## Reflection

Self-evaluate, learn, adjust



## Trigger / Monitor Loop

Heartbeat, events, cron

# Key Academic Papers

[arxiv 2410.12361](#)

## **Proactive Agent: Shifting LLM Agents from Reactive to Active Assistance**

ProactiveBench benchmark. Reward model achieves 91.8% F1 consistency with human judgments.

[arxiv 2510.19771](#)

## **PROBE: Beyond Reactivity**

Decomposes proactivity into 3 capabilities: search for issues, identify bottlenecks, execute resolutions.

[arxiv 2602.04482](#)

## **ProAgentBench: Evaluating Proactive Assistance**

28,000+ events from 500+ hours of real user sessions. Evaluates timing prediction + assist content.

[CHI 2025](#)

## **Proactive Conversational Agents with Inner Thoughts**

Inner reasoning enables agents to anticipate conversational needs and take initiative.

[BISE 2024](#)

## **When AI-Based Agents Are Proactive**

Proactive AI decreases users' competence-based self-esteem, reducing system satisfaction.

# OpenClaw is an open-source **ambient personal AI agent** — always running, connected to your systems, acting on your behalf.

It responds to your messages across 20+ platforms — but it also wakes up on its own, checks your email, calendar, and connected services, and takes action without being asked.



## Reactive

You message it via WhatsApp, Telegram, Slack, iMessage — it responds and executes.



## Proactive

Heartbeat wakes it every 30 min. It checks your systems and acts when there's a reason.

250K+ GitHub stars in 4 months — surpassed React. Created by Peter Steinberger (PSPDFKit founder, joined OpenAI Feb 2026). Jensen Huang: "the most important software release, probably ever."

[GitHub](#) | [Jensen Huang \(OfficeChai\)](#) | [CNBC \(Feb 2026\)](#)

# Architecture Overview

## TRIGGERS

- 
**Chat Messages**  
 WhatsApp, Slack, Telegram, ...
- 
**Heartbeat**  
 Every 30 min — self-initiated



## OpenClaw Agent

- 
**Gateway** *Receives*  
 Routes messages, manages sessions across 20+ platforms
- 
**Runtime** *Thinks*  
 Assembles context, calls LLM, executes actions, saves state
- 
**Skills** *Knows how*  
 Modular capabilities injected per-turn — can write new ones



## TOOLSET

-  **Email**
-  **Calendar**
-  **Code**
-  **Research**
-  **Memory**
-  **Custom Skills**

**Traditional heartbeat: "is this node alive?"**

**OpenClaw heartbeat: "is there something I should do?"**

A classic distributed systems pattern — adapted for agentic AI. Every 30 minutes, the agent wakes up. Cheap deterministic check first. LLM only when there's actually a reason to act.

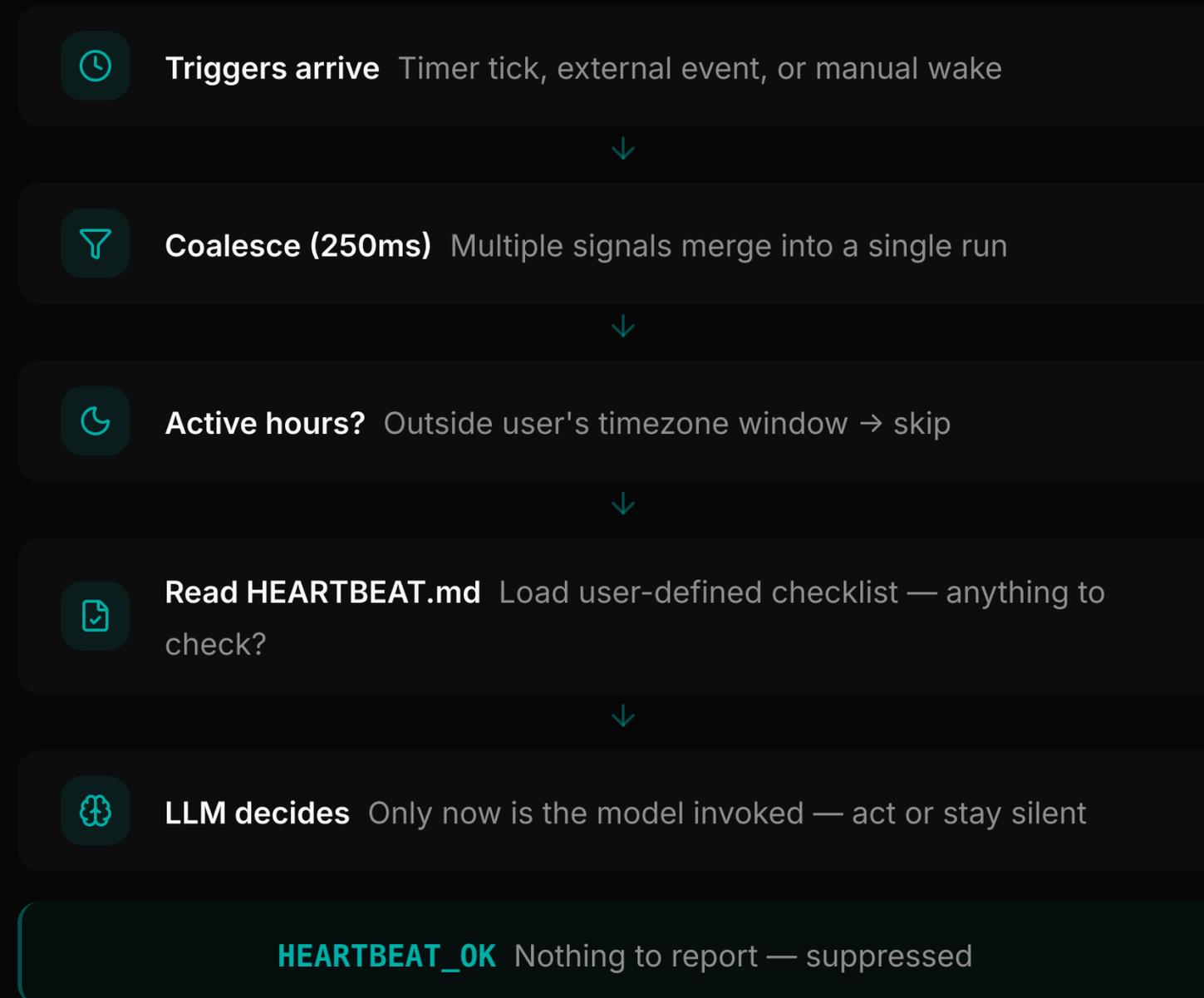
Separate decision from execution

HEARTBEAT\_OK = silent

Heartbeat vs Cron

[Fowler, Heartbeat Pattern](#) | [docs.openclaw.ai/heartbeat](https://docs.openclaw.ai/heartbeat) | [Heartbeat vs Cron](#)

# How the Heartbeat Works



# What Can It Do?



## Workspace Management

Email, calendar, documents — sorts, drafts, resolves conflicts, sends reminders



## Write Code & Build Apps

Generates code, builds software, deploys — acts as a full development agent



## Research & Analysis

Web research, summarization, data gathering across sources



## Self-Extending Skills

Writes its own code to learn new capabilities on the fly



## Long-term Memory

Retains notes, preferences, health metrics across sessions



## Cron Jobs & Automation

Scheduled tasks, background workflows, flight check-ins

**⚠ Use with caution.** OpenClaw has high-privilege access to your email, calendar, messaging, and can execute code. Treat it as an early-stage system with a large attack surface.

# Challenges & Risks

-  **User Autonomy Erosion** Proactive help can decrease users' sense of competence (BISE 2024) Medium
-  **Hallucination Cascading** Errors in autonomous multi-step workflows compound and amplify High
-  **Prompt Injection** The #1 vulnerability in agentic systems. External data can manipulate agents High
-  **Denial of Wallet** Agentic DoS: attacker causes infinite loops, burning API budget High
-  **Context Management** Maintaining coherence across multi-day tasks remains unsolved Medium
-  **Proactivity Calibration** Too proactive = annoying. Too passive = useless. Sweet spot is hard Medium
-  **Governance & Accountability** Audit logs, rollback, regulatory oversight for autonomous actions Medium

# Where It's Heading



## Ambient Infrastructure

Always-on agents as persistent background layers, not session-based tools.



## MCP & Open Standards

Model Context Protocol for tool access, now governed by the Agent AI Foundation.



## Agent Skills

Portable procedural knowledge — MCP is the plumbing, skills are the brain. Adopted by OpenAI and Anthropic.



## Agent Societies

Teams of specialized agents managed by a central orchestrator.



## Multi-Modal Agents

Agents that see and act on screenshots, GUIs — not just text.



## Enterprise Guardrails

Observability, audit trails, sandboxed execution, human-in-the-loop.

## KEY TAKEAWAYS

1. Proactive is the next frontier — from “answer my question” to “anticipate my needs.”
2. Architecture is converging: perception, planning, memory, reflection, trigger loop. The heartbeat is a reusable blueprint.
3. The hard problem is judgment, not capability. When to act matters more than how.
4. Start bounded, expand carefully. Human-in-the-loop. The Clippy lesson still applies.



# Discussion & Q&A

What proactive agent use cases do you see for clients?

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